

## MINI CHEER CAMP

AGES: 5-8

Give me a C, give me a H, give me a E, give me a E, give me a R... What does that spell? CHEER! CHEER! CHEER!!!!

All cheerleaders are welcome for the camp! In this camp, you will learn cheers, mounts, rhythm coordination, flexibility and much more! Cheerleading knowledge will be taught and strengthened. Meet new friends, learn a new sport and most importantly, have fun in the camp!

**# 192121 P8**

**Day:** Saturdays

**Date:** June 3 – July 29 (No class June 29)

**Time:** 1-2 p.m.

**Location:** Grant Park Recreation Center Gym

**Fee:** \$40 In District, \$55 Out of District

**Min/Max:** 5/12



AGES: 9-12

Beginners and intermediate cheerleaders are welcome! No prior tumbling experience needed. In this camp, you will learn basic cheer, forward rolls, cartwheels, round-offs, forward and back walk-overs and basic stunts! This is a great opportunity to learn cheers and mounts as well as meet new friends, get exercise and most importantly, have fun!

**# 192121 P9**

**Day:** Saturdays

**Date:** June 3 – July 29 (No class June 29)

**Time:** 2-3 p.m.

**Location:** Grant Park Recreation Center Gym

**Fee:** \$45 In District, \$60 Out of District

**Min/Max:** 5/12

## ALL-STAR CHEER CAMP

Sign up at least 2 weeks before program, class or trip begins to avoid cancellations and wait lists.

(708) 343-5270 • veteransparkdistrict.org

# Sports CHILDREN/YOUTH

## Basketball Post-Season Camp

GRADES: 1-8

Veterans Park District will be having one post-season camp for participants who will be enrolling in the Youth Basketball League at Veterans Park District or open to anyone who wanted to enhance their basketball fundamental skills. This camp is also designed as a post-season tune up/warm up camp before the league starts. The Staff will run participants through a series of fundamentals including shooting, ball handling, passing, defense and much more.

**# 192121 H2**

**Day:** Saturday

**Date:** May 6

**Times:** 2-5 p.m.

**Location:** Grant Park Recreation Center

**Fee:** \$10

**Min/Max:** 20/60

**Registration Deadline:** Saturday, May 6

**Preregistration is required for this program.**

## American Basketball Academy Clinic

AGES: 7-14

This is a four (4) week clinic led by former USBA's Annie Roberts and other former college players. These clinics will focus on developing ball handling, offensive/defensive skills, passing, shooting and positioning. All players will improve greatly with this class, from beginner to AAU players.

**Days:** Tuesdays

**Dates:** June 20 – July 18 (No class July 4) **# 192121 N**  
 Aug. 15 – Sept. 12 (No class Aug. 22) **# 192121 N1**

**Time:** 6:30-7:30 p.m.

**Location:** Grant Park Recreation Center

**Fee:** \$40 In District/\$55 Out Of District

**Min/Max:** 7/20



## Biddy Basketball

AGES: 4-6

This program is our introductory class for future all-star basketball players. Participants will be instructed on the very basics of the game. Girls and boys will have fun working on their dribbling, passing, shooting, rebounding and defense with drills and fun games incorporating these basic skills. Age appropriate hoops will be provided.

**# 192121 A1**

**Day:** Tuesday

**Date:** May 9 – June 13

**Time:** 5-6 p.m.

**Location:** Grant Park Recreation Center Gym

**Fee:** \$35 In District/\$50 Out of District

**Min/Max:** 5/16



# Sports CHILDREN/YOUTH

## Volleyball Camp

AGES: 10-15

Fun and instructional program prepares players to succeed in volleyball. Excellent coaches plan strategic, fun preparation drills and games that will increase skills and safety through fundamentals. Kids Love it! Program offers Volleyball skills challenge contest and championship volleyball game. Plus competitive drills for skills training, serving, bumping, setting, spiking, techniques on speed and quickness, body balance, first step directional movements, volleyball safety awareness and sportsmanship

**# 192121 B**

**Days:** Thursdays

**Dates:** May 25 – June 29 **# 192121 B2**

July 13 – Aug. 17 **# 192121 B3**

**Time:** 6-7 p.m.

**Location:** Grant Park Recreation Center Gym

**Fee:** \$45 In District / \$60 Out of District

**Min/Max:** 8/12

**Note:** *No experience necessary, each series works on different skill sets.*



## Tennis Camp

AGES: 7-14

In this eight-week class we will learn the skills and knowledge of tennis. Learn how to properly serve, lob, slam and spike. This class is perfect for first-timers or for children that have been in our previous tennis classes.

We will provide balls and racquets.

**Days:** Mondays

**Date:** July 10 – Aug. 28

**Time:** 5-6 p.m. (AGES: 7-10) **# 192121 K**

6-7 p.m. (AGES: 11-14) **# 192121 K1**

**Location:** Gouin Park Tennis Courts

**Fee:** \$45 In District/\$60 Out of District

**Min/Max:** 6/12



# Sports CHILDREN/YOUTH

## VPD Soccer Beginner Drills and Skills

AGES: 5-9

Are you looking for a class to have a lot of fun while learning soccer skills? We have the perfect class for you. Our Veterans Park District staff will lead you and your friends in specific drills improving your overall understanding of the game while having a blast! Each class lasts for one hour and the children will rotate through different stations and drills. Smaller sided games will be used to bring everything together at the end of each class.

**Days:** Fridays

**Dates:**

May 26 – July 21

# 196161 D1

July 7 – Aug. 11

# 196161 D2

Aug. 25 – Sept. 29

# 196161 D3

**Time:**

AGES: 5-6 4-5 p.m.

AGES: 7-9 5-6 p.m.

**Location:** George A. Leoni Complex Turf

**Fee:** \$45 In District/\$60 Out of District

**Min/Max:** 5/16

## VPD Soccer Advanced Drills and Skills

AGES: 9-13

Looking to take your soccer training to the next level? Our very own VPD athletic staff will assist you by running you through specific skills and drills which are designed to give you that extra edge. During the one hour session you will rotate through stations and play small sided games to enhance your abilities all while having a great time.

# 196161 E1

**Day:** Mondays

**Dates:**

May 22 – July 3 (No class May 29) # 196161 B5, B6

July 17 – Aug. 21

# 196161 B7, B8

**Time:** 4-5 p.m.

**Location:** George A. Leoni Complex Turf

**Fee:** \$45 In District/\$60 Out of District

**Min/Max:** 5/16



## Lil' Kickers

AGES: 3-4

Bring your children out to introduce them to the beautiful game of soccer. Participants are taught the basic skills of ball control, passing and shooting! Fun games will also be incorporated in the class. Parent-participation is encouraged!

**Day:** Tuesdays

**Date:** May 2 – June 6

# 196161 A7, A8, A9

June 20 – Aug. 1

# 196161 K1, K2, K3 (no class July 4)

Aug. 15 – Sept. 19

# 196161 K4, K5, K6

**Time:** 4-5 p.m.

**Location:** George A. Leoni Complex

**Fee:** \$45 In District, \$60 Out of District

**Min/Max:** 5/16





**NEW**

## TUMBLING CLASSES STARTING IN FALL.

Check back in August for more information.

[veteransparkdistrict.org](http://veteransparkdistrict.org) 

## Family/Individual Archery Camp

AGES: 7- ADULT

The whole family can join now in this fun-filled Archery program. If you want to have fun learning a new sport or simply want to improve your hand-eye coordination, this eight-week camp is guaranteed to be fun and challenging. Watch your accuracy improve every week! Archery supplies will be provided for everyone.

**Day:** Fridays

**Date:** June 23 – Aug. 11

**Time:** 5-6:30 p.m. (Beginners) # 192121 E2

6:30-7:30 p.m. (Advanced) # 192121 E3

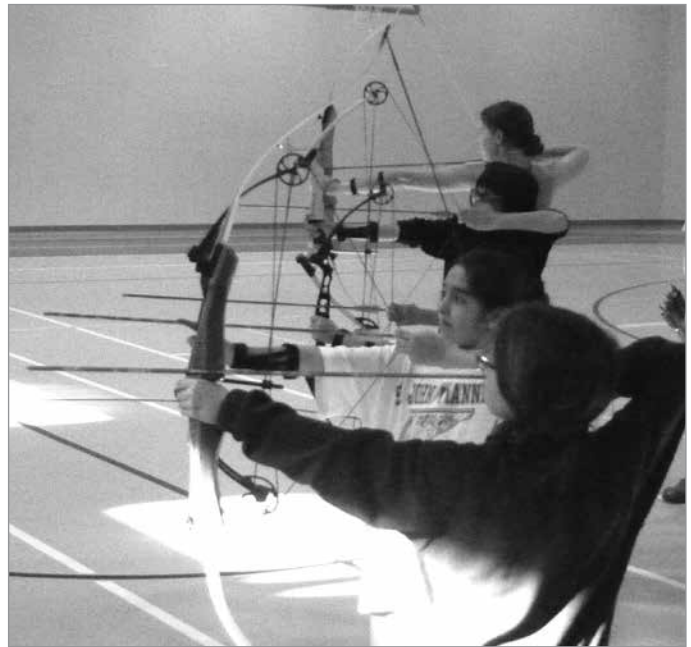
**Location:** Grant Park Recreation Center Gym

**Fee:** \$50 In District/\$65 Out of District

(\$10 off the 3rd family member to sign up!)

**Min/Max:** 5/16

**Advanced Class is for participants who have taken our Archery class two times or more!**



## Karate Academy

AGES: 6-15

Get your kid(s) involved in the best martial arts program in the area to learn self-defense, self-confidence and self-discipline. From basic techniques to sparring drills, Karate Academy helps students achieve leadership skills and everyday self-defense. Beginners package, uniform and gloves: \$65. This program is run by the highly successful Karate Academy based out of Chicago and Texas.

**Days:** Mondays and Thursdays

**Dates:** January–June/July–December

**Time:** 5-5:45 p.m. (White belts, 1 stripe)

5:45-6:30 p.m. (White belts with 2 stripes or higher)

**Location:** George Leoni Complex

**Fee:** \$53 per month

**Instructor:** Karate Academy

**Registration will be taken by Karate Academy.**

Sign up at least 2 weeks before program, class or trip begins to avoid cancellations and wait lists.

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# Sports CHILDREN/YOUTH

## Rookie Sports

AGES: 7-14

Get in the game! Children learn the basics of basketball, soccer, floor hockey, volleyball, tennis, whiffle ball and other group games. The program helps kids to develop their large motor skills and hand/eye coordination while having fun. Teamwork and good sportsmanship are stressed.

**# 192121 F1**

**Days:** Thursdays

**Date:** July 6 – Aug. 10

**Time:** 6-7 p.m.

**Location:** Grant Park Recreation Center

**Fee:** \$45 In District/\$60 Out Of District

**Min/Max:** 5/16



## VPD Hitting & Fielding Class

AGES: 6-12

Calling all baseball and softball players! Individual players can sign up for this program and show us their stuff in this instructor lead baseball class. Participants will improve their fielding and batting skills while also improving their knowledge of the game. We will have our batting cages set up and tees lined up for you. Please bring your own bat and glove. We will run you through rapid rotations in the cage and drills outside of it all with the aim of improving your skills.

**Day:** Wednesdays

**Dates:** May 10 – June 14 **# 196161 J**  
July 12 – Aug. 16 **# 196161 J1**

**Time:** 5-6 p.m.

**Location:** George A. Leoni Complex Turf

**Fee:** \$35 In District/\$50 Out of District

**Min/Max:** 5/16

## Lil' Sluggers

AGES: 4-6

Batter up! This program is a great introduction for kids to develop baseball/softball skills and have fun. Offense and defense skills, as well as the rules of the game and teamwork are taught and incorporated in fun games. You must provide your own glove.

**# 192121 A2**

**Day:** Wednesdays

**Date:** June 28 – Aug. 2

**Time:** 5-6 p.m.

**Location:** George A. Leoni Complex

**Fee:** \$35 In District/\$50 Out of District

**Min/Max:** 5/16



Sign up at least 2 weeks before program, class or trip begins to avoid cancellations and wait lists.

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