

Special Recreation

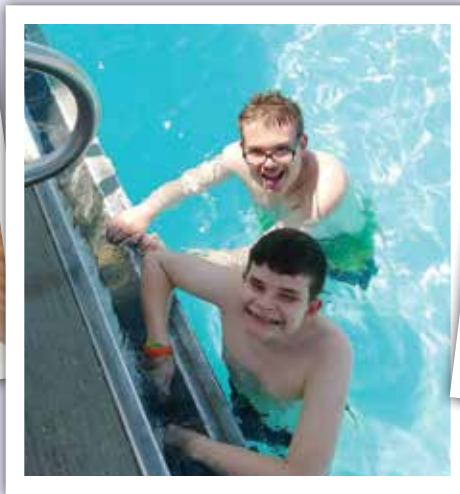
The purpose of our Special Recreation programs is to satisfy the leisure and social needs of individuals with developmental disabilities. Our programs focus on promoting socialization, community integration, independence, and providing life-enriching experiences.

Tanzania Adams

Special Recreation Supervisor

Kathy Thomas

Special Recreation Coordinator



Picture Bingo and Pizza

Join us for the ultimate eat-n-play combo! Once a month join us for a fun game of BINGO while indulging in delicious pizza. Win prizes while socializing with friends all at the same time!

Choose the date or dates you would like to join the fun!

Age	Date	Day	Time	Fee
HS+	Sep 12-Feb 13	W	12-2 PM	\$6 per date

Sep 12	Back to School Bingo	# 411161A8
Oct 10	Halloween Bingo	# 411161A9
Nov 7	Turkey Bingo	# 411161A0
Dec 5	Christmas Bingo	# 411161F4
Jan 16	New Year Bingo	# 411161B0
Feb 13	Valentine's Bingo	# 411161C0

Location: Drop off/pick up at Leoni Complex in Melrose Park

Min/Max 6/30

You must register for this program no later than Monday before the Wednesday date. Drop-ins cannot be accommodated.



PAEC After School Care

Veterans Park District is partnering with Proviso Area for Exceptional Children (PAEC) for their After-School Care program. We provide a safe, caring, and active environment. Children are provided with a snack, help with homework along with opportunities to play both inside and out! Transportation home is also being provided. Offered to students attending in PAEC School and St. Domitilla.

AGE: 5-21

DAYS: M-F

TIME: 3-6 PM

LOCATION: PAEC Center, Maywood

SESSIONS:

- # 398888D0 August \$75
- # 398888D1 September \$135 (no Sep 3 and Sep 21)
- # 398888D2 October \$157.50 (no Oct 8 and Oct 26)
- # 398888D3 November \$127.50 (no Nov 12, Nov 20-23)
- # 398888D4 December \$105 (no Dec 21-31)
- # 398888D5 January \$135 (no Jan 1-4 and Jan 21)
- # 398888D6 February \$135 (no Feb 15 and Feb 18)
- # 398888D7 March \$97.50 (no Mar 4, Mar 15 and Mar 25-29)
- # 398888D8 April \$157.50 (no Apr 19)
- # 398888D9 May \$165 (no May 27)



There is no After School Program on school early dismissal and half days.

VPD'S SPECIAL RECREATION "ON THE ROAD" SERIES

The 'On the Road' series day trip program promotes community exploration and encourages independent life skills.

Expectations: Attendees are expected to stay with their group, engage in recreation activities, practice appropriate behavior skills with staff and peers, toilet with minimal assistance and be able to maintain independently at a 6:1 staff ratio.



Medieval Times

Prepare for the times of the past as we journey back into history at Medieval Times. Let's enjoy the talented entertainment of jousting, horsemanship, weaponry, and falconry while you feast on tomato bisque soup, roasted chicken, sweet buttered corn, herb-basted potatoes, garlic bread, and apple-filled pastry.

Age	Date	Day	Time	R/N Fee	Code #
13-Adult	Sep 16	Su	4:30-7 PM	\$42/47	211141 N5

Location: Schaumburg Min/Max: 5/12

In district transportation: \$3. Bus pickup will be from 2-3 PM. Please meet at Grant Park by 1:45 PM if not receiving transportation.

Must register by Sep 2.



Chocolate Factory Musical

Willy Wonka is opening his marvelous and mysterious chocolate factory to a lucky few, who would it be? Join us at the Oriental Theatre for a special treat of the classic movie Charlie and the Chocolate Factory.

Age	Date	Day	Time	R/N Fee	Code #
13-Adult	Oct 11	Th	7:30-10 PM	\$25-30	211141N2

Location: Chicago Min/Max: 5/20

In district transportation: \$3. Bus pickup will be from 5-6 PM. Please meet at Grant Park by 4:45 PM if not receiving transportation.

Must register by Aug 6.

Magical Holiday Lights

Start the holidays with a trip to Magic Lights at Brookfield Zoo. There are thousands of twinkling lights, beautiful ornaments, and Christmas trees at the zoo to enjoy. Please bring money for snack and a drink or you may bring your own snack and drink.

We can accommodate one wheelchair.

Age	Date	Day	Time	R/N Fee	Code #
13-Adult	Dec 9	S	5-9 PM	\$15/20	211141M2

Location: Brookfield, IL Min/Max: 5/12

In district transportation: \$3. Bus pickup will be from 4-5 PM. Please meet at Grant Park by 3:45 PM if not receiving transportation.



Kick it up Fitness Class

Kick it up with energy boosting exercises and activities aimed to keep you physically active and ready to move. The program focuses on: body control, increased strength, flexibility, and relaxation techniques.

Age	Date	Day	Time	R/N Fee	Code #
7-11	Sep 4–Oct 9	Tu	4:30-6 PM	\$20/25	211141F0
7-11	Oct 30–Dec 4	Tu	4:30-6 PM	\$20/25	211141F7

Location: Cimbalo Fitness Center

Min/Max: 4/10

Sensory Class

Individuals will participate and explore the many worlds of experimental therapy and sensory stimulation aimed to develop each of your senses through play. Each hands-on activity is safe, fun and modified with the goal to arouse each of your senses to evoke positive mood, social interactions and well-being. Be sure to bring your imagination!

Age	Date	Day	Time	R/N Fee	Code #
5-9	Sep 6–Oct 11	Th	5-6 PM	\$25/30	211141S
5-9	Oct 25–Dec 6*	Th	5-6 PM	\$25/30	211141S1

*No class Nov 22

Location: George A. Leoni Complex

Min/Max: 4/8

Saturday Fun Club

Join your friends or make new friends as we learn fun & active games, enjoy music & movement, and creative arts & crafts. This program promotes healthy social interactions and innovative learning. Be prepared to wear play clothes and gym shoes.

Age	Date	Day	Time	R/N Fee	Code #
6-13	Sep 8 & 22 Oct 13 & 27 Nov 3 & 17 Dec 1 & 15	Sa	9:30-11 AM	\$32/36	211141C5

Location: Trumbull Park

Min/Max: 5/12



NO SCHOOL, NO PROBLEM! LET VPD FEED YOUR ADVENTURE ON YOUR OFF DAYS! SCHOOL DAYS OUT



Enchanted Castle Adventure

Join us for unlimited rides, arcade games, and fun at Enchanted Castle. Later enjoy your favorite pizza and drink for lunch.

Age	Date	Day	Time	R/N Fee	Code #
13-21	Oct 22	M	9 AM-3 PM	\$30/35	211141A1

Location: Trumbull Park, River Grove Min/Max: 4/12

Show Time at Cinemark

Put your feet up and get your popcorn because we will be taking a trip to Cinemark Theater to enjoy the latest movie.

Age	Date	Day	Time	R/N Fee	Code #
13-21	Oct 23	T	9 AM-3 PM	\$30/35	211141A2

Location: Trumbull Park, River Grove Min/Max: 4/12



Cozy Corner at VPD

Baby its cold outside, so grab your favorite mug for a delicious cup of hot chocolate with fluffy marshmallows and an oozy gooey s'more to go with it. Also, don't forget your blankets, for ultimate snuggles. To end our perfect day, we'll make a hot chocolate winter craft!

Age	Date	Day	Time	R/N Fee	Code #
13-21	Jan 7	M	9 AM-3 PM	\$30/35	211141A3

Location: Trumbull Park, River Grove Min/Max: 4/12



Saturday Escape

Escape into the wonderful world of adventure as we explore our favorite attractions around our communities. Each week is filled with fun as we visit a new place, so buckle up and get ready for take-off!

Expectations: Attendees are expected to engage in recreation activities, practice appropriate behavior skills with staff and peers, and be able to maintain independently at a 4:1 staff ratio.

Age	Date	Program
18+	Sep 8	Shedd Aquarium: Come enjoy the underwater beauty at Shedd Aquarium.
	Sep 22	Participant's choice: Give us your ideas and we'll make it come true.
	Oct 13	Halloween at Brookfield Zoo: Games and activities, hayrides and costume parade.
	Oct 27	Family Fest in Batavia: Farmers market pumpkin roll and entertain.
	Nov 3	Ballet-Free Nutcracker: Imaginative family friendly Christmas show.
	Nov 17	Woodfield Mall & Rainforest Café: Complete your shopping list at Woodfield Mall and dine in at Rainforest Café.
	Dec 1	Movie & Dinner: Cinemark Theater & Russell's BBQ
	Dec 15	Christmas sweater Party: White elephant gift exchange and delicious food.

Code: # 211141D7

R/NR Fee: \$45/50

Min/Max: 8/24

* Dates and meeting times may be changed due to weather conditions or activity scheduling. Participants will receive detailed schedules prior to start of program. Busing: \$12 (Available to in district residents only. Bus pick up time will be listed according to the event.)



Special Recreation

Hang Out Club

No Monday blues because Tuesdays can be fun too! Join us every Tuesday to enjoy a variety of activities such as crafts, board games and socializing with your friends! Each week a healthy snack will be provided.

Free pick-up at Leyden High School

Age	Date	Day	Time	R/N Fee	Code #
13-21	Sep 4-Dec 18*	Tu	2:30-5 PM	\$42/47	211141C5

No class Oct 23 & Nov 6

Location: Trumbull Park Min/Max: 5/16

Adult Social Club

What's your favorite pass time? Each Thursday come be a part of an energetic group packed with creative art activities, arcade games, and yummy snacks! This program encourages socialization and developmental of life skills.

Age	Date	Day	Time	R/N Fee	Code #
18+	Sep 6, 20 Oct 4, 18 Nov 1, 15 Dec 6, 20	Th	6-8 PM	\$36/40	211141F6

Location: Trumbull Park Min/Max: 6/24

In district transportation: \$12 between 5-6 PM

Friends on the Town

Age: 13-21; Teens and Young Adults with Intellectual Disabilities

Friday Fun Day is always just around the corner when you have so much to look forward to. So lace up your gym shoes for an evening out on the town with your friends! Prepare for a new adventure filled with fun each week.

Expectations: Attendees are expected to engage in recreation activities, practice appropriate behavior skills with staff and peers, and be able to maintain independently at a 4:1 staff ratio.

Contact: Tanzania Adams

Location: Pick-up at Leyden High School / Drop-off at Grant Park

Age	Date	Day	Time	R/N Fee	Code #
13-21	Aug 31-Dec 14	F	2:30-6:30 PM	\$40/45	211141B8

Aug 31 Stardust Bowling Alley - Snack Provided

Sept 14 Cinemark Theater - Snack Provided

Sept 28 Delish Dish Cooking

Oct 12 Arcade at Haunted Trails - Bring money for snack

Oct 26 Pumpkin Patch - Bring money for snack

Nov 9 Your turn to plan! - Snack provided

Nov 30 Live Theatre Show — Bring money for snack

Dec 14 Christmas Crafts & Cookies — Snacks provided

Min/Max: 5/12

Special Recreation Archery

Our instructor, Andy Ferraro, is licensed by the National Field Archery Association and has been working with individuals with special needs for over a decade. He has a master level certification and trains archery teachers how to teach. So come give this fun-filled sport a try! Watch your hand-eye coordination improve over time in this class. Archery supplies will be provided for everyone.

Age	Date	Day	Time	R/N Fee	Code #
13+	Oct 5, 19 Nov 2, 16 Dec 7	F	3-4:30 PM	\$41/44	211141G5

Location: Grant Park Recreation Gym Min/Max: 5/12

Special Olympics Snowshoe Training

Population: EMH, DD, AUT

The Veterans Park District snowshoe team is looking for athletes that would enjoy learning the fun winter sport of snowshoeing. If you can walk, you can snowshoe! Join us for great exercise, fun and friendship. We can snowshoe on grass or snow. Please dress for the weather, including hat, gloves and gym shoes. We will be outside for all practices. You must have a current medical application on file with Illinois Special Olympics before you can start practicing. The District competition is in January and the State Games are in the end of January or beginning of February, in Galena, IL

Age	Date	Day	Time	R/N Fee	Code #
8+	Oct 16, 23, 30 Nov 6, 13, 20, 27 Dec 4	Tu	6-7 PM	\$35/40	411151F3

Location: Grant Park Max: 12 golfers

In district transportation: \$12. Bus pickup is between 5-6 PM.

WINTER BREAK CAMP



Ages: 6-21

Are you always bored over winter break? Veterans Park District can help you change that! Gather your friends and spend winter break with us! We will have a day full of crafts, games, movies, and fun outside, weather permitting. Please bring a lunch each day. Snacks and beverage will be provided

Week 1: # 311131U4 Dates: Dec 26-Dec 28

Week 2: # 311131U5 Dates: Jan 2-Jan 4

Time: 9 AM- 3 PM

Location: Trumbull Park

Fee Per Week: \$45 R/\$52.50 N

Min/Max: 5/12



ANNUAL DANCE **dancing** with the **stars**

From the hit television show Dancing with the Stars, come be a STAR at the Veterans Park District Annual Dance. Sparkle and shine as you show off your best dance moves!

#311131Q3

AGES: HIGH SCHOOL TO ADULTS

DAY: FRIDAY

DATE: JANUARY 25

TIME: 5-9 PM

LOCATION: BULGER HALL,
1601 HIRSCH ST., MELROSE PARK

FEE: \$15

